



**International Conference and Postgraduate Course in Food Anthropology  
at "Victor Babeș" University of Medicine and Pharmacy Timisoara and  
Artship Foundation San Francisco  
6th – 8th MAY 2020 Timisoara**

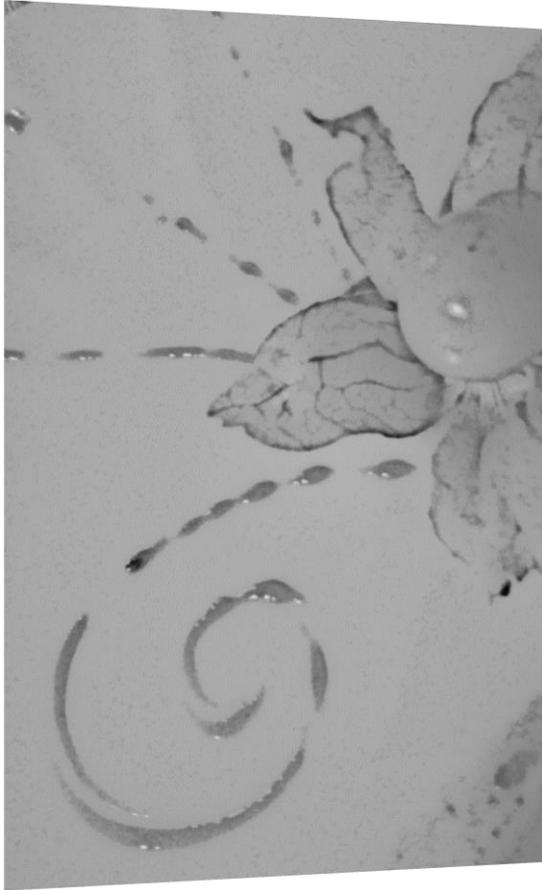
**Food (In) compatibilities – Cultural (In) compatibilities**

What is really the hunger for the human being of the 21st century? How do we understand the cultural heritage of food? How does this define the stratification of society and how, together with its methods of satisfaction, has it become science and art as well?

A rigorously scientific look at the interplay of three layers of fundamental analysis has led to an absolutely original meeting of several points of view:

- I. Satisfying the Hunger (Cultural and Medical Approach)
- II. Taste and Disgust (Cultural and Medical Approach)
- III. Integration/ incorporation with Cultural and Medical Consequences

In the broader and inter-disciplinary, inclusive context of the conference the thematic cluster Medicine and Food convened by professor Slobodan Dan Paich brings researches from Archeological deciphering of conifer tablets with specific recipes, continuity of foraging wild edible plants tradition to the practices of Ayurvedic Medicine foods carefully researched and continuously practiced since prehistory. The researches brought in the Medicine and Food cluster include geographies larger than the European Cultural Sphere and ancient and indigenous people as differently cultured, ingénues and refined rather than primitive. Also, food preparation is at the root of cultural experiences and sharing, often considered adjunct and not as an inseparable from



medical practices. Medicine and Food cluster address tangible and intangible heritage, comparative cultural studies and migration of peoples, craft technics and ideas and it is the intended contribution to Humanities and Medical Disciplines.

In the often self-involved, incomprehensible gestures of Established

Contemporary Art Practices Gabriela Luca sees the Art of Living as both a metaphorical and experiential nexus for understanding and practicing regenerative function of food in recovery processes.

The great Hippocrates said that food must be our medicine and the medicine must be our food. Medicine is an art because it uses all five senses to form its full knowledge of the human being and its environment and is undoubtedly a science because it is verified by evidence. Therefore, it is the science and art of medicine, as physical and spiritual nourishment. From the anthropological point of view, eating means to ingest qualities, but also defects. Digestion is a double process: assimilation and distribution through transformation. And this extends to existence between taste and disgust.

The difference between us – homo sapiens – and other species is precisely that we have transformed food into art and science. Under the simple concept that living is an art, in this conference specialists in the humanities and doctors, artists in fine arts and masters in gastronomy form an effervescent round table, they speak and work in joint workshops to share and enrich our knowledge.

Conference coordinators:

**Slobodan Dan Paich**, Director and Principal Researcher, Artship Foundation, San Francisco

Visiting Professor, Anthropology-Cultural Studies Section, University of Medicine and Pharmacy, Timisoara, Romania

**Gabriela-Mariana Luca**, Assoc. Prof., PhD, University of Medicine and Pharmacy, Timisoara, Romania

# Programme

The languages of the conference, depending on the event: English, French and Romanian

Day 1, 6th May 2020

9.30 – 10.00: Opening Word

10.00 – 11.30: lecture & workshop: “Food for the Gods across Cultures: Ritual Food Offering and Mythological Imaginary Nourishments”

**Slobodan Dan Paich**, Artship Foundation San Francisco, Visiting Professor of “V. Babes” University Timisoara

11.30 – 12.00: Coffee Break & Book Launch 1

12.00 – 13.30: lecture & workshop: “Ayurvedic Medicine and Contemporary Foods – Reflections on Ancient Roots and Contemporary Responses”

**Hitesh Gautam**, Executive Chef Amber India Restaurant, San Francisco Member of Artship Foundation Associate Scholars Core Group, San Francisco

13.30 – 15.00: Lunch

15.00 – 16.30 – lecture & workshop: “Collecting Edible Plants in Wild – Traditions – Contemporary Practice Medical Use”

**Mehmet Kavanoz**, Lecturer at Culinary Arts, Halic University, İstanbul Member of Artship Foundation Associate Scholars Core Group, San Francisco

16.30 – 17.00 – Coffee Break & Book Launch 2

17.00 – 18.30 – lecture & workshop: “(Di) wine. About Wine and Divine in Our Lives”

**Mariana Cristina Coras**, Oenologist, Oeneteca DeSavoya, Timisoara

18.30 – 19.30 – Interlude – moment prepared by the students of the Faculty of Music and Theatre, West University of Timisoara

19.30 – Dinner

Day 2, 7th May 2020

9.30 – 10.30 – lecture & workshop: “**Hittite Cookery: An Experimental Archeological Study**”  
**Ahmet Uhri**, PhD, Archeologist and Food Engineer, Dokuz Eylul University, Faculty of Letters, Archeology Department, Tinaztepe, Buca / Izmir

**Arda Özel**, Student at Istanbul Commerce University, Faculty of Humanities and Social Sciences, Psychology Department

11.30 – 12.00 – Coffee Break & Book Launch 3

12.00 – 13.30 – lecture & workshop: “**Do I eat (un)healthy? About the (un)Lettered of Contemporary Nutritional Currents**”

**Corina Beljung & Adrian Linte**, Nutrition specialists, Arcadia Test, Arad

13.30 – 15.00 – Lunch

15.00 – 16.30 – lecture & workshop: “**Why is the Nutrition Important for the Rehabilitation Medicine?**”

**Elena Amăricăi**, MD, PhD, Assoc. Prof., PhD, UMFVBT

16.30 – 19.30 – Transdisciplinary Workshop: “**Places and Therapy / Locuri și terapie**”, coordinated by:

**Diana Boc-Sînmărghișan**, Assoc. Prof., PhD, UMFVBT

**Irina Dincă**, Lecturer, PhD, UVT

**Ioana Handrea**, Specialist in Physiotherapy, UMFTVB

**Cosmina Lungoci**, Senior Lecturer, PhD UVT

**Georgeta Sînmărghișan**, MD, PhD, Lecturer, UMFTVB

**Raluca Vilceanu**, Senior Lecturer, PhD, UVT

19.30 – Dinner – International Buffet, moment prepared by Romanian and foreign students and specialists, with the participation of students from the Faculty of Music and Theatre, West University of Timisoara

Day 3, 8<sup>th</sup> May 2020

9.30 – 11.00: lecture & workshop: “Nutrition and Spiritual Malnutrition”

**Teodora Anghel**, PhD, Senior Lecturer, Psychologist, UMFVBT

11.00 – 11.30 – Coffee Break & Book Launch 4

11.30 – 13.00 – lecture & workshop: “De la manière des Indiens de tuer et de manger des humains - Le repas cannibale : acte de cruauté ou scène rituelle / In the Indian Way of Killing and Eating Humans – The Cannibal Meal: Act of Cruelty or Ritual Scene?”

**Jérôme Thomas**, PhD, Professor of anthropology, Paul Valéry University, Montpellier

13.00 – 14. 00 – Lunch

14.00 – 15.30 – lecture & workshop: “Taste and Distaste in the Performing Arts”

**Daniela Şilindean**, Senior Lecturer, PhD, UMFTVB,

15.30 – 16.00 – Coffee Break & Book Launch 5

16.00 – 17.30 – lecture & workshop: “The Table and the Mask”

**Alina Mazilu**, Assoc. Prof., PhD, UVT

17.30 – 18.30 – lecture & A Few Words at the End: “The Human Being as a Prey. Other Elements of Food Anthropology / L’être humain en tant que proie. D'autres éléments de l'anthropologie alimentaire”

**Gabriela-Mariana Luca**, Assoc. Prof. PhD, UMFVBT

18.30 – 19.30 – Reading show – cast: students of the Theatrical Art Circle

19.30 – Dinner